

Dr. Dashrath M. Chavhan: Heavy Metals, their Health Effects and its Precautions

ISBN 978-81-953708-7-0



**Research
and
Development**

संशोधन आणि विकास

Edited By

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Dr. Veera Mandavkar



Edited Reference Book

Published by a Government

Recognized National Level Publisher

under Peer Review System as per UGC Guidelines

ISBN 978-81-953708-7-0

Research and Development

(Edited Book as per UGC Norms by National Level Publisher)

संशोधन आणि विकास

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-  ISBN 978-81-953708-7-0
-  Edited Reference Book (in multilanguage)
-  Research and Development संशोधन आणि विकास
-  © Principal Dr. Pavan Mandavkar
- © प्राचार्य डॉ. पवन मांडवकर
Indira Mahavidyalaya, Kalamb, Dist. Yavatmal,
Maharashtra 445 401 (India)
-  Edition I 8 March, 2023
(Mahashivratri, International Women's Day)
-  **Publication Number** 22 प्रकाशन क्र. २२
-  **Copies** 1000 प्रती १०००
-  **Size** Demi आकार डेमी
-  **Pages** 304 पृष्ठसंख्या ३०४
-  **Cover Page** 4 colour मुखपृष्ठ फोर कलर
-  **Type setting & cover page** Dr. Pavan Mandavkar
संगणक / मुखपृष्ठ रचना डॉ. पवन मांडवकर
-  **Publisher**
Dr. Veera Mandavkar
Director, Dr. Bhau Mandavkar Research Centre
Indira Mahavidyalaya, Kalamb, Dist. Yavatmal,
Maharashtra 445 401 (India)
9422867658, 9403014885
researchjournalofindia@gmail.com
marathipradhyapak@gmail.com
-  **Printer and Distributor**
Sewa Prakashan, Vijay Colony, Amravati
- (Note: All rights are reserved with the Publisher & Editorial Board.
The opinion expressed are of the authors & the association advisory
board, editorial board as well as the peer committee does not hold any
responsibility for any of the views expressed. Judiciary matter in
Kalamb Court only.)
-  Rs. 400/- मूल्य ४०० रुपये

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Heavy Metals, their Health Effects and its Precautions

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Introduction: -

Heavy metals are nothing but the metals as like the usual metals we found in the nature, but these metals are harmful not only to the human being but also to the ecosystem¹. Due to the modernization and industrial development the heavy metals accumulation in the environment increases. Some examples of naturally occurring heavy metals are as follow.



These are the properties of a metallic substance at room temperature like to the usual metals²⁻³. Heavy metals are generally defined as metals with relatively high densities, atomic weights, or atomic numbers. Some of the most common

Form IV (See Rule 8)

Statement about ownership and other particulars about the edited book
Research and Development

- | | | |
|-------------------------|---|--|
| 1. Place of Publication | - | Indira Mahavidyalaya, Kalamb |
| 2. Published on | - | 8th March, 2024 |
| 3. Printer's Name | - | Seva Prakashan, Vijay Colony,
Amravati 444606 (M.S.) |
| 4. Publisher's Name | - | Dr. Mrs. Veera Mandavkar |
| Nationality | - | Indian |
| Address | - | Indira Mahavidyalaya, Kalamb,
Dist. Yavatmal 445401 |
| 5. Chief Editor's Name | - | Dr. Pavan Mandavkar |
| Nationality | - | Indian |
| Address | - | Principal, Indira Mahavidyalaya,
Kalamb, Dist. Yavatmal |

We, Dr. Pavan Mandavkar & Dr. Mrs. Veera Mandavkar hereby declare that the particulars given above are true to the best of our knowledge and



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